

January 13, 2021

**Rich - O - Gram**  
Optimist Club of Richfield, Minnesota  
Dakotas-Manitoba-Minnesota District  
Club Number 35125  
[www.richfieldoptimists.org](http://www.richfieldoptimists.org)

Hello fellow Richfield Optimists,

**WED Jan 13 - Zoom meeting at 8:00 AM**

Our guest speaker will be : **Jay Henthorne, Richfield Chief of Police**

Sign on for Zoom is: <https://us02web.zoom.us/j/>

( Or **See e-mail From Mike Sandahl**).

**Last week** our speaker was **Bruce Lindgren**, brother of Steve.

He spoke to us about how the Lindgren extended family stayed in communication via Zoom and a family website. This started as a way to replace a tradition of “Birthday Breakfasts” that was cut short by Covid-19.

Another longer standing idea perpetuated by their parents was a “round robin” of letter writing whereby letters were shared with siblings in order to stay in touch.

One of the interesting ideas from this presentation was to have family members write “**I remember**” type of communications to talk about events and artifacts that are part of this Swedish family legacy.

Bruce is a former Richfield Optimist from the 1970-80’s and was a professor of Biology at Normandale Community College in Bloomington.

This presentation was great *Food for Thought* as to how each of us could better maintain family communications. **Thanks Bruce and Steve!**

**HAPPY BIRTHDAY - to Don Anderson who we missed on Jan 2, and Dennis Dietzler on Jan 6** Others coming in weeks ahead!