

# Rich-O-Gram

**Optimist Club of Richfield, MN. Dakotas-Manitoba-Minnesota District. Club Number 35125  
Established on May 8, 1958 – Now in our 66<sup>th</sup> year of serving Richfield**

Carianne Kestrel was our speaker last week. She is a professional Home Organizer for seniors.

One of her sayings was: Love your home and not let your possessions clutter your home.

While working with a woman client:

Determined to reclaim her space this happened:

Each item was a thread of her past.

Old books that were sitting around went on shelves.

Her house was transferred into a home.

A quilt that was found was hung on a wall.

The woman started to have friends come over.

She was now proud of her home.

Two ladies, Robyn and Margaret had a home filled with memories.

Their house was once warm with hospitality.

Their garage was unusable.

Thought of living in the house was crazy to Robyn and Margaret.

They did not know what to keep and what to donate.

When Cari was done with their house, it felt warm to them.

The garage was cleaned out and many things were donated, it was able to be used again.

Also, the house at the end was full of memories.

Evelyn was a woman who worked with Cari as well.

For her, as the years went by, so did the challenges.

Evelyn had souvenirs, trinkets and mementos together with her kids. Each item had value.

They brought some items to her new home that were memorable and practical.

As Evelyn stepped into her new home, she felt the new ambiance.

**Remember: Enjoy every day!**

## **The Optimist Creed**

**Promise yourself. . . .**

**To be so strong that nothing can disturb your peace of mind.**

**To talk health, happiness and prosperity to every person you meet.**

**To make all your friends feel that there is something in them.**

**To look at the sunny side of everything and make your optimism come true.**

**To think only of the best, work only for the best, and expect only the best.**

**To be just as enthusiastic about the success of others as you are about your own.**

**To forget the mistakes of the past and press on to the greater achievements of the future.**

**To wear a cheerful countenance at all times, and give every living creature you meet a smile.**

**To give so much time to the improvement of yourself you have no time to criticize others.**

**To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of troubles.**

Enjoy your day and make the best of it.

See you next week!!