

Rich - O - Gram

Optimist Club of Richfield, MN Dakotas-Manitoba-Minnesota District Club Number 35125

Established - May 8, 1958 - Now in our 64th year of serving Richfield

March 15, 2023

THIS WEEK: Wednesday March 15, 2023

\$5.00 Coffee and ?

Meeting at 7:30 AM in the Richfield District Boardroom

401 West 70th Street (Just East of Harriet Ave.)

Speaker: Sgt. Joel Svenby - Henn Cty Sheriff Office

Our speaker last week, all the way from Fergus Falls, MN, was member **David Kriesel-Koll**. David said he was born in Sioux Falls, SD, but moved to Worthington, MN & then Pipestone, MN In 1965. As a youth he played baseball and ran track. He attended Mankato State Univ. to gain a BS degree. Early on employed by Glen Taylor at his printing co. In Mankato. A 1979 move to the Twin Cities resulted in his working for Met Life Insurance. Along the way a chance invite to play tennis by a gal in a neighboring apartment led to a marriage to Pam Kriesel in 1980, whereupon they changed their surnames to Kriesel-Koll.



A career change led to David working as Asst. Mgr of a dental lab For 33 years. A series of heart conditions demanded a heart transplant in 2003. He has been without urgent heart problems since 2003! Research showed his problem to be a certain gene that also affected their daughter In 2020, saved by the fact her mother was with her & able to get her to help. His grandson born in 2021 has been identified as carrying the same gene. David & Pam moved to Fergus Falls where they have 5 Acres, and their nearest neighbor is a mile away.



Pat Dale & Don Anderson presented a check to support the Richfield Work Experience program to Instructors Callen McInnes And Jennifer Wagner.

**Get your support for the OI Foundation Dime A Day program to Arnie Odefey.
Board meeting at Noon on Wednesday, March 15, 2023 at Headway**

Cashier - March 15 Mike Fogarty

The Optimist Creed

Promise yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, work only for the best, and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature a smile.

To give so much time to the improvement of yourself you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.